



URBAN FAMILY
PRACTICE



FOR IMMEDIATE RELEASE

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**URBAN FAMILY PRACTICE WELCOMES BUFFALO CHIROPRACTIC & ACUPUNCTURE
TO ITS JEFFERSON AVENUE LOCATION**

BUFFALO, NEW YORK, July 30, 2019— Urban Family Practice welcomes the expansion of Buffalo Chiropractic & Acupuncture, PLLC to its eastside location at 1315 Jefferson Avenue in the City of Buffalo. Dr. Raul Vazquez and his wife Toni Vazquez are the Founders of Urban Family Practice. Mrs. Vazquez stated: “We are elated to have the services of Buffalo Chiropractic and Acupuncture added to the array of healthcare offerings available at Urban Family Practice, because a healthy community is a stable community.” A catalyst for economic development, Jefferson Avenue’s resurgence has continued since the location opened in the commercial plaza between Tops Market and the Beverly Gray Business Incubator.

Led by Dr. Larry Adymy, the practice specializes in auto accident and work injury but also offers acupuncture services and advanced training in whiplash traumatology. With coordinated injury management the following practitioners are available to serve the community:

Jefferson Location

Dr. Robert Isbrandt

Offering chiropractic services (Monday - Thursday 9AM-5:30PM, & Friday 9AM-2:30PM)
Insurances: No-Fault, Workers' Compensation & Cash (Applying for commercial insurances)

Niagara Location

Dr. Rafael Roman

Bilingual Chiropractor - Offering chiropractic services, including spinal decompression, M-F (Monday & Wednesday 9AM-5:30PM, Tuesday & Thursday Noon-5:30PM, & Friday 9AM-2:30PM)
Insurances: No-Fault, Workers' Compensation, Cash & some commercial insurances.

Cara Czechowski, DC LAc

Offering acupuncture services on Niagara Street Tuesdays & Thursdays 9AM-Noon
Insurances: No-Fault, Workers' Compensation & Cash

Dr. Adymy encourages members of the community to stop in and schedule an appointment.

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